Rosie makes Chutney 12 Sept 2018



Listen up!



Gather round



Experts



Teacher's pets



Naughty table









Mango Chutney

Ingredients

900g/2lbs mango peeled & chopped

500gm/1lb cooking apples peeled & chopped

1 med onion chopped

1 garlic clove chopped

1 tbsp ground ginger

300ml/7oz demerara sugar

2 tsp salt

- Dissolve sugar in vinegar over medium heat
- Sprinkle peeled & chopped mango with salt in a bowl & leave to one side
- Add remaining ingredients to pan and finally add mango
- Increase heat to boil then simmer for 30-45 mins until cooked
- Ladle into hot sterilised jars & seal.
- Chutney keeps up to 1 year